

## NARAJOLE RAJ COLLEGE



(NAAC Accredited B Grade Govt. – Aided College)

NARAJOLE: PASCHIM MEDINIPUR: PIN-721211

## Department of Physical Education

Notice Dated: 30.05.2020

All the students of **SEM-II** having Physical Education in **DSC** are hereby directed to follow the following schedule to attend the VC (Video Conferencing) class in this emergency period of lockdown due to the pandemic outbreak of Corona Virus (COVID-19).

Sl.No.	Date	Time	Topic	Name of the
				Teacher
01	02.06.2020	3.00-4.00	Sports Manager and	Dr. Atanu Nanda
			Duties	
02	04.06.2020	3.00-4.00	Tournament	Dr. Atanu Nanda
03	06.06.2020	3.00-4.00	Leadership	Prof. Partha
				Manna
04	09.06.2020	3.00-4.00	Methods of Organizing	Dr. Atanu Nanda
			Annual Athletic Meet	
05	11.06.2020	3.00-4.00	Methods of Organizing	Dr. Atanu Nanda
			Internal and External	
			Competition	
06	13.06.2020	3.00-4.00	Facilities and	Prof. Partha
			Equipment	Manna

This schedule may be altered for unavoidable circumstances such as bad weather or anything which can mar the network or any other reason. In case of any alteration the students will be notified via Whatsapp.

s/d Dr. Atanu Nanda HoD, Physical Education



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01	D.	TD'	m ·	NT C .1
Sl.	Date	Time	Topic	Name of the
No.				Teacher
01	01.06.2020	3.00-4.00	Definition of Physical	Dr. Atanu Nanda
			Fitness	
02	03.06.2020	3.00-4.00	Components of	Dr. Atanu Nanda
			Physical Fitness	
03	05.06.2020	3.00-4.00	Communicable Disease	Prof. Partha
				Manna
04	08.06.2020	3.00-4.00	Physiotherapy	Dr. Atanu Nanda
05	10.06.2020	3.00-4.00	Physiotherapy	Dr. Atanu Nanda
06	12.06.2020	3.00-4.00	Health Problem in	Prof. Partha
			India: Prevention and	Manna
			Control	
07	15.06.2020	3.00-4.00	Nutrition	Dr. Atanu Nanda
08	16.06.2020	3.00-4.00	Health and First Aid	Prof. Partha
			Management	Manna

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s/d Dr. Atanu Nanda HoD, Physical Education